



Sample Menu

- The Nursery menu ensures that children have a balanced and healthy diet with no added salt.
- Any packaged foods used do not contain any controversial colourings or preservatives.
- During the day, children are provided with snacks, which consist of different seasonal fresh fruits.
- Each meal includes vegetables
- If a menu is substituted for any reason then it will be as close to the original meal as possible.

WEEK 1	WEEK 2	WEEK 3	WEEK 4
Monday Irish Stew Yoghurt Macaroni Cheese Fresh Fruit Platter	Monday Pasta Bolognese Fresh Fruit Platter Ham Sandwiches Rice Pudding	Monday Beef & Veg Hotpot Apple Crumble & Custard Macaroni Cheese Fresh Fruit Wedges	Monday Turkey Casserole Fresh Fruit Wedges Cheese & Tomato Pizza Yoghurt
Tuesday Sausage Casserole Fresh Fruit Ham & Pineapple Pizzas Strawberry Whip	Tuesday Mexican Chicken & Bean Stew Yoghurts Beans on Toast Fresh Fruit Jelly	Tuesday Chicken Korma & Rice Fresh Fruit Jacket Potato & Veg Chilli Yoghurts	Tuesday Vegetable Lasagne Fresh Fruit Jelly Jacket Potato & Cheese Choc Cornflake Cake
Wednesday Beef Lasagne & Veg Yoghurts Jacket Potato & Veg Chilli Manchester Tart	Wednesday Potato & Mild Veg Curry Banana Sponge & Custard Cheese & Tomato Pizzas Yoghurts	Wednesday Shepherd's Pie Yoghurts Sausage Roll & Beans Choc Rice Krispie Cake	Wednesday Chicken & Sweet corn Pie Lemon Sponge & Custard Beans On Toast Yoghurts
Thursday Roast Chicken Dinner Choc Sponge & Choc Custard Sausage Roll Beans Fruit Jelly	Thursday Moussaka Yoghurts Jacket Potato & Cheese Fresh Fruit	Thursday Sausage Mash & Onion Gravy Vanilla Sponge & Custard Ham & Pineapple Pizzas Fresh Fruit Jelly	Thursday Pasta Carbonara Fresh Fruit Ham Sandwiches Cheesecake
Friday Tuna Pasta Bake Fresh Fruit Wedges Bagels & Cream Cheese Yoghurt	Friday Salmon Cod Bake & Fresh Veg Apple Pie & Custard Fish Pate on French Toast Fresh fruit Wedges	Friday Tuna Pasta Bake Yoghurts Bagels & Cream Cheese Fresh Fruit Platter	Friday Tex Mex Chilli Beef & Rice Fresh Fruit Platter Fish Pate on French Toast Yoghurt